

# survey

OBJECTIVE: To identify resources of interest to the 40+ age group, to support them in the quest to live healthy, confident and prosperous lives.

### SKIN CARE

Which of the following protocols are you most likely

- to use to combat the effect of aging on the skin? Make up tips/techniques
- □ Sunscreen
- □ Diet/Lifestyle changes
- □ Antiaging serums/moisturizers
- □ Cosmetic Surgery

Do you use a skin care or make up system? YES NO If so, List your preferred brands?

#### SAVING/CREATING INCOME

Which of the following are important to you?

- $\Box$  Saving Money
- $\hfill\square$  Increasing my income
- $\Box$  Identifying sound investments
- $\hfill\square$  None of the above

#### DESCRIBE YOUR ONLINE HABITS

- $\Box$  I use email
- 🗆 I shop Online
- □ I use social media [Facebook]
- $\Box$  I do research online
- $\hfill\square$  I visit blogs and/or podcasts online
- $\Box$  None of the above

If there was a way to **address** the concerns expressed in this survey, would you be interested in more information?

□ YES □ NO

NAME:

CONTACT INFO:

# Live healthy, wealthy, lovely and wise

#### GENDER:

AGE: 🗆 30 plus 🔅 40 plus 🔅 50 plus 🔅 60 plus

#### PROFESSION:

# OCCUPATIONAL STATUS:

- □ Still working
- □ Working part-time
- □ Fully retired

# RETIREMENT YEARS CONCERNS

- □ Staying healthy
- $\hfill\square$  Looking younger than my years
- $\Box$  Having adequate income
- $\Box$  All of the above

# TOP HEALTH CONCERNS

- 🗆 Bone/Joint health
- $\Box$  Digestive Health
- 🗆 Heart Health
- □ Brain Health [memory etc.]
- □ Blood sugar issues [diabetes etc.]
- $\Box$  Weight management issues
- □ Vision impairment
- $\square$  Becoming medication dependent
- Cancer risk
- □ Menopausal/Menstrual Health
- Libido issues
- □ Other

Do you take supplements?

□ YES □ NO

If so, List your preferred brands?